Disclaimer

Community Resources

The community resources listed in this guide are provided to assist parents or guardians in finding community services. The Los Angeles Unified School District does not assume responsibility for the services provided by the agencies nor for fees that may be charged to the parent or guardian.

Recursos de la Comunidad

Los recursos de la comunidad en esta guía, son proporcionados para ayudar a los padres o tutores a localizar los servicios disponibles en la comunidad. El Distrito Escolar Unificado de Los Angeles no se hace responsable por los servicios proporcionados por las agencias, ni por las cuotas que pudieran cobrar a los padres o tutores.

COMMUNITY-BASED AGENCIES REFERRAL

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COMMUNITY RESOURCES

The community resources listed below are provided to assist parents /guardians in finding community services. The Los Angeles Unified School District does not assume responsibility for the services provided by the agencies nor for the fees that may be charged to the parent or guardian.

| Agency | Services | Address | Telephone |
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Padres/Guardianes:

RECURSOS DE LA COMUNIDAD

Los recursos de la comunidad que se describen en la lista que sigue, son proporcionados para ayudar a los padres o tutores a localizar los servicios disponibles en la comunidad. El Distrito Escolar Unificado de los Ángeles no se hace responsable por los servicios proporcionados por las agencias, ni por las cuotas que pudieran cobrar a los padres o tutores.

| Agencia | Servicios | Domicilio | Teléfono |
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The School Site Homeless Liaison shall provide requested referrals directly to their families for clothing/school uniforms, tutoring, counseling, medical, dental/, vision, food pantries and source centers. This resource guide contains the information of Community Based Organization servicing your area. For additional assistance and resources such as emergency housing services, families can be referred to 2-1-1 (LA County) that is accessible 24 hours a day in all languages.

Table of Contents

| Educational/Academic Assistance | 4 |
|--|------------|
| Emergency Shelter & Transitional Housing Services | 5 |
| Unaccompanied Youth Shelters & Drop-in Center | 8 |
| Resources for Homeless Veterans & Family Members | 9 |
| Food Pantries, Clothing Resources & Laundry Services | 10 |
| Clothing | 16 |
| Laundry Services | 17 |
| Homeless Prevention & Tenant Rights Programs | 18 |
| Web resources | 21 |
| Mental Health Services | 22 |
| Domestic Violence Services | 25 |
| Medical/Dental/Vison Services | 28 |
| LAUSD - School Based Clinics | 31 |
| Vision | 32 |
| Social Services | 33 |
| Family Source Centers | 35 |
| Youth Source Centers | 36 |
| Los Angeles Reconnection Career Academy Center | 37 |
| Work Source Centers | 38 |
| Websites & Resources | 39 |
| Hotlines | <i>1</i> 1 |

Educational/Academic Assistance

Name: Homeless Education Office

Los Angeles Unified School District

Address: 121 N. Beaudry Ave.

Los Angeles, CA 90012

Phone: 213-202-7581 **Fax:** 213-580-6551

Website: https://achieve.lausd.net/Page/12911

Hours: Schools Days 7:30 am -4:30 pm

Overview: Due to COVID-19 all staff are working remotely. Servicing students experiencing

homelessness 0-22 yrs. and their families assist in school enrollment and placement, advocacy, transportation assistance, resolution of school enrollment disputes,

backpack and school supplies, school clothing, and referrals to mental health and

social services.

Name: School on Wheels

Skid Row Learning Center

Address: 600 E. 7th St., Suite 109, Los Angeles, CA 90021

Phone: 213-896-9200 **Fax:** 213-896-9222

Website: www.schoolonwheels.org

Referral:: http://www.schoolonwheels.org/need-tutoring/

Overview: Due to Covid-19 tutoring services are provided online. To connect to a School on

Wheels remote tutor call 800 923-1100

Name: Beyond The Bell

Los Angeles Unified School District

Address: 333 S. Beaudry Ave. 29th Floor

Los Angeles, CA 90017

Phone 213-241-7900 **Fax:** 213-241-7562

Website: https://btb.lausd.net/afterschoolprograms

Hours 7 am - 4 pm

Overview: Provides before and after school programs as well as assistance with tutoring

services. Academic intervention programs include Extended Learning

Academy/Program (ELA/ELP), Intersession, Intensive Instruction Intervention Program (CIIIP), and the English Language Acquisition Program (ELAP).

Back_to_Table_of_Contents

Emergency Shelter & Transitional Housing Services

211 Coordinated Entry System and Resource Line: For a variety of referrals such as domestic violence shelters, food banks, and government agencies. For immediate placement with a motel voucher, families who have nowhere to go that night may call 211 after 5 pm.

Name: Los Angeles Homeless Services Authority (LAHSA)-Year Round Shelter

Program & Transportation Schedule

Hotline: 1-800-548-6047

TDD: 1-800-660-4026 (for the deaf and hearing disabled)

Website: https://www.lahsa.org/

Hours: 24 hours 24/7

Overview: Due to Covid-19 non-essential LAHSA employees will work from home. The

lobby will be closed but staff will answer calls remotely. Outreach workers

will continue to operate in the field.

Selected community non-profit homeless services providers offer nightly shelter to homeless persons (mostly single adults) in Los Angeles County. As space may be limited, those in need of emergency shelter should contact the shelter hotline to determine the best way to gain admittance into a shelter. Most

shelters will open at approximately 5 pm.

Name: Ascencia -

Address: 1851 Tyburn St.; Glendale, CA 91204

Phone: 818-246-7900 ex.100

Fax/Email: 818-246-2858/ Email: info@AscenciaCA.org

Website: https://www.ascenciaca.org/how-we-help/process-overview-programs/

Hours: Intake for new clients at 7 a.m., M - Th.

Overview: Closed until further notice due to the Covid-19

Ascencia provides a range of housing and programs to assist people out of homelessness. It all starts with our Access Center – the first stop for getting help in Glendale, Burbank and Northeast Los Angeles (Eagle Rock, Atwater Village,

Glassell Park, etc.)..

Name: Children of the Night, Inc.

Address: 14530 Sylvan Street; Van Nuys, CA 91411

Hotline 24/7 800-551-1300

Phone: 818-908-4474 (Admin.)

Fax/Email: 818-908-1468 Email: lois@childrenofthenight.org

Website: https://www.childrenofthenight.org/programs

Hours: Daily: 24/7

Overview: Children of the Night Case Managers assist young American sex trafficking

victims with 24-hour services 7 days a week. Whether they need rescue from

pimps, access to medical services, emergency & non-emergency

transportation, mental health services, psychiatric evaluations or access to

psychotropic medications.

Name: Family Promise of the Verdugos Address: P.O. Box 1307; Burbank, CA 91507

Phone: 818-847-1547- Intake & 818-562-7778 Admin.

Fax/Email: 818-847-1548 E: casemanagement@familypromiseverdugos.org

Website: http://familypromiseverdugos.org/?page_id=29

Hours: Daily 9 am - 4 pm

Overview: Family Promise of the Verdugos is an organization that seeks to help

homeless families in Burbank, Glendale, North Hollywood, Pasadena, La Crescenta, and Eagle Rock. And families from all over Los Angeles County. This agency utilizes a network of churches to temporarily house families. Contact the director by email and then have the family contact him by phone to make a referral. Situationally homeless families only, no chronic homelessness. Must have no felonies, pass a drug test, be able to work, and

be legal residents. Men and adult children are accepted.

Name: Hope Gardens

Address: 12249 Lopez Canyon Rd.; Sylmar, CA 91342

Phone: 213-347-6300

Fax/Email: thewayhome@urm.org

Website: https://urm.org/services/hope-gardens/

Hours: Office: 9 am - 6 pm

Overview: Hope Gardens helps women transition from homelessness to independence

within 12 to 16 months by offering long-term rehabilitation programs, services and spiritual care. Families must be referred by Union Rescue

Mission's Case Manager.

Name: Hope of the Valley Rescue Mission - Van Nuys The HELP Center

Address: 6425 Tyrone Ave.; Van Nuys, CA. 91401

The Navigation Center

11839 Sherman Way, North Hollywood, CA 91605

(818) 301-7988

Offers showers, storage, restrooms and case management from 8:30 am to

3:30 pm

Phone: 818-392-0020 Admin. 818-834-6759-Intake

Fax/Email: <u>ken.craft@thevalleyrescuemission.org</u> **OR** info@hopeofthevalley.org

Director: Ken Craft

Website: https://www.hopeofthevalley.org/

Overview Due to Covid-19 restrictions, The HELP Center is closed until further

notice but The Navigation Center in North Hollywood is open.

The HELP Center is an access center in Van Nuys for homeless individuals needing showers, clean clothes, a hot meal, job assistance, help accessing public benefits, and referrals to medical and mental health care and substance abuse recovery programming. Clients have access to a computer lab, mail service, and cell phone charging stations. Because we know how important animal companions are to our clients, the HELP Center is a pet friendly site. Case managers help clients identify goals that they can accomplish in a short time period to improve their current circumstances.

Name: Hope of the Valley

Address: 11076 Norris Street; Pacoima, CA 91331

Phone: 818-392-0020-Admin. **Fax/Email:** <u>tinfo@hopeofthevalley.org</u>

Website: https://www.hopeofthevalley.org/our-programs/family-shelter-programs/

Hours: Office: 9 am - 6 pm

Overview: Hope of the Valley operates several Family shelters (Casa de Vida,

Shepherd's House, Genesis House). And, has access to Cold weather

shelters, and "safe parking" program.

Name: San Fernando Valley Rescue Mission Address: 8756 Canby Avenue; Northridge, CA 91325

Phone: Shelter Intake: 818-960-0404 & Admin. 818-785-4476

Fax/Email" sfyrminfo@erescuemission.org

Website: https://sfvrescuemission.org/home-again/

Hours: 8:30 am - 4:30 pm Office

Overview: The San Fernando Valley Rescue Mission offers Family Shelter

program in a collaborative effort with San Fernando Valley area churches in response to the critical unmet need for a year round

emergency shelter. The program has been designed to provide homeless men, women, children and families an opportunity, not only to obtain food, shelter, and basic life necessities, but also provides a foundation for individual and family restoration by developing a personalized plan based on their needs for achieving personal growth, employment, and

housing. Intakes by appointment only.

Unaccompanied Youth Shelters & Drop-in Center

Name: The Village Family Services – Drop-In-Center

Address: 6801 Coldwater Cyn Suite 1E North Hollywood, CA 91605

(Entrance at the back of the building)

Phone: 818-755-8786

Fax/Email: asoria@thevillagefs.org

Website: https://www.thevillagefs.org/dropin-center

Hours: Drop In Center M-F 9:30 am-3:30 pm; Sat. 9 am-3 pm; Sun. 9 am-3 pm

By appointment M-F 3:30 pm - 5:30 pm

Overview: The Village Family Services is committed in Empowering at-risk, foster,

LGBTQ and homeless youth ages 14-25. Offers Drop in Center support, as well as is the main entry point for TAY youth to receive homeless services in SPA 2. Street Outreach team available M - F 10 am - 9 pm by calling

818-392-4538

Name: Youth Emerging Stronger (YES)- Taft House-Shelter & Support for

Youth

Address: 1680 N. Vine St.; Los Angeles, CA 90028

Taft House – 1857 Taft Avenue, Los Angeles 90028

Hotline: 24/7 Homeless youth (12-17 Yrs.): 323-240-2253 & (18-21 Yrs.) 323-962-0430

Phone: 323-957-7757 M- F 8 am -6 pm

Fax: 323-464-4357

Website: www.youthemergingstronger.org

Hours: Intakes 24 hours.

Overview: YES is here for youth of ALL races, ethnicities, genders and religions. We

affirm and welcome LGBTQ youth and any youth with a history of sexual

exploitation.

Resources for Homeless Veterans & Family Members

Name: New Directions for Veterans

Address: 11303 Wilshire Blvd. VA Bldg. 116

Los Angeles, CA 90073-1003

 Phone:
 310-914-4045

 Fax:
 310-914-5495

 Website:
 https://ndvets.org

 Hours:
 24 hours 7days

Overview: New Directions' newest program offers outpatient services and support as well as

transitional housing to veterans of Operation Enduring Freedom and Operation Iraqi Freedom (OEF/OIF). Services include Veteran Benefits Advocacy, Family Reunification Support, Separation/Transition Assistance, Help with Legal Issues,

Counseling and Therapy, Substance Abuse Management, Mental Health

Support.

Name: Housing Resources for Veterans- Los Angeles County Resource Center

Phone: 877-428-8844 **Fax:** 866-265-7811

Website: http://housing.lacounty.gov/Veterans.html

Hours: Check website for site hours

Overview: The Los Angeles County Housing Resource Center website strives to bring new

information and tools for assisting homeless veterans and their families find

affordable housing throughout Los Angeles County.

Name: U.S. Vets - Patriotic Hall

Address: 1816 S. Figueroa St.

Phone: 213-223-8366

Website: https://www.usvetsinc.org/patriotichall/

Hours: M-F 8 am - 4 pm

Overview: To facilitate successful transition of military veterans and their families through

the provision of housing, counseling, career development and comprehensive

support.

Back_to_Table_of_Contents

Food Pantries, Clothing Resources & Laundry Services

Name: Elizah Shank's Home, Inc.

Address: 13055 Weidner St. Pacoima, CA 91331

Phone: 818-896-9304 main 818-335-1233 cell (Call for an appointment for food

pick up)

Fax/Email: n/a Website: n/a

Hours: Food giveaway last Friday of each month at 12:00 noon

Admin. M - F; 9 am - 5 pm

Overview: Due to Covid-19 restrictions, clothing distribution is cancelled.

The agency provides emergency food and clothing for people in Los Angeles

County. There are no geographic restrictions

Name: Family Rescue Center

Address: 22103 Vanowen St; Canoga Park, Ca 91303.

Phone: 818-884-7587

Fax/Email: n/a

Website: https://www.rescatefamilycenter.org/services

Hours: M - F; 9 am - 1 pm

Overview: We serve individuals and families in need in the West Valley by providing

food, clothing, medical and vocational training assistance, as well as referrals as needed. Our ultimate goal is to sustain people in desperate circumstances,

empowering them to achieve personal and financial independence

Name: Guadalupe Community Center

Address: 21600 Hart Street; Canoga Park, CA 91303

Phone: 213-251-3549- Sandra Yanez

Fax/Email: n/a **Website:** n/a

Hours: • Food Pantry is open from Monday to Friday 9 am to 12 pm

• Thrift Store is open from Monday to Friday 9 am to 1 pm

• Tutoring is available from Monday to Friday 3 pm to 5 pm

ESL Class is available Monday to Friday 8:30 am to 12:45 pm

(Remotely through West Valley Vocational Center)

Overview: Food pantry services requires clients to present a form of identification and

verification of place of residence are required.

Name: Holy Rosary Church

Address: 7800 Vineland Ave.; Sun Valley, CA 91352

Phone: 818-765-3350 & 818-982-2372

Hours: Food distribution: Tue & Fri 9 am -11 am

Overview: The agency provides emergency food for people in need. Individuals must

reside within the Sun Valley or North Hollywood area. A form of

identification is required.

Name: Loaves & Fishes II

Address: 7309 Van Nuys Blvd; Van Nuys, CA 91405

Phone: 818-997-0943

Fax/Email: n/a Website n/a

Hours: Office: M and W, 10 am to 1:30 pm

Overview: This program provides clothing and emergency food for homeless

individuals and families in need.

Name: Lutheran Social Services of Southern California - San Fernando

Valley

Address: 7400 Tujunga Ave.; North Hollywood, Ca 91605

Phone: 818-901-9480

Fax/Email: 818-901-9482 Email: sfvinfo@LSSSC.org

Website: https://www.lsssc.org/what-we-do/emergency-services/ **Hours:** Office: M – Th 10:30 am -1:30 pm, Fri 9 am – 12 pm

Pantry: Tuesdays 11 am - 2 pm

Overview: Due to Covid-19 restrictions, The Clothing Closet has been closed.

Food pantry is available for families in need in the San Fernando Valley. Please wear gloves and a mask, bring your own bags and a form of

Identification.

Name: Meet Each Need with Dignity (MEND)

Reduced services due to Covid-19

Address: 10641 San Fernando Road; Pacoima, CA 91331

Phone: 818-896-0246 **Fax/Email:** 818-897-0128

Website: https://mendpoverty.org/programs/emergency-food-bank **Hours:** Food distribution: Tue: 9 am - 11 am and Fri; 8 am - 11 am

Registration hours: Tue 9 am -11 am

Overview: Providing emergency food services once every 30 days per household.

Food is distributed *only for individuals in a more emergency situation. *ID per adult and child, proof of current address (NE San Fernando

Valley), and proof of income required for registration. No apt needed, first come, first serve. Families should bring their own shopping bags and/or

boxes.

Name: New Friends Homeless Center

Address: 17114 Ventura Blvd.; Encino, CA 91316 &

5650 Shoup Ave. Woodland Hills, Ca

Phone: 818-887-1109

Fax/Email: n/a

Website: http://www.newfriendshomelesscenter.org/

Hours Tue 6:30 pm -8 pm & Sun 2:30 pm - 4 pm at St. Nicholas Episcopal

Church - 17114 Ventura Blvd.; Encino, CA 91316

Fri 6:30 pm -8 pm at United Methodist Church - 5650 Shoup Ave.;

Woodland Hills, CA 91367

Overview: Hot meals are served Tuesday, Friday and Sunday night at various

locations. After dinner a distribution of hygiene kits, blankets, and clothes

are available

Name: North Hollywood Interfaith Food Pantry Address: 4390 Colfax Ave.; Studio City, CA 91604

Phone: 818 760-3575

Fax/Email: nohollywoodinterfaithpantry@gmail.com

Website: https://nhifp.org/

Hours: Mondays & Fridays 7:30 am am to 11 am (entrance at the rear of First

Christian Church on Troost Ave.) Drive up or walk up

Overview: Emergency food primarily for people who live in North Hollywood,

Studio City, Sun Valley and surrounding areas. No ID required.

Name: North Valley Caring Services, Inc. Address: 15435 Rayen St.; North Hills, CA 91343

Phone: 818-891-0481

Fax/Email:guevaraobed@yahoo.comWebsite:https://www.nvcsinc.org/food-pantry

Hours: Food distribution: Fridays 10 am - 12 pm

Site is open M - F 8 am - 5 pm

Overview: Emergency food for people who live in North Hills, Service includes

groceries and a hot breakfast program.

Name: Our Redeemer Lutheran – Human Care Ministry

Address: 20025 Chase Street; Canoga Park, CA 91306

Phone: 818-341-1629

Fax/Email: pantry@our-redeemer.org

Website: https://www.our-redeemer.org/human-care

Hours: Due to Covid-19, only open on Thursdays at 12:00 pm

Wed 10 am - 1 pm And Thu 10 am - 2 pm

Overview: Ministry provides food, clothing, hygiene items, and showers for

homeless individuals. The following areas are currently being served by the ministry, zip codes: 91303, 91304, 91306, 91307, 91311, 91324,

91325, 91326, 91335, 91344, 91356, 91364, 91367

Name: Valley Food Bank

Address: 12701 Van Nuys Blvd. Suite A; Pacoima, CA 91331

Phone: 818-510-4140

Fax/Email: whernandez@valleyfoodbank.org

Website: https://valleyfoodbank.org/food-pantry-locations/

Hours: Check website for locations and hours

Overview: Valley Food Bank has multiple emergency food distribution located

throughout the San Fernando Valley for pick up on. There are no

geographic restrictions. Open to the public, no ID required.

Name: San Fernando Valley Corps

Address: 14917 Victory Blvd. Van Nuys, CA 91411

Phone: 818-781-5739

Fax/Email: Email: <u>Juan.argumedo@usw.salvationarmy.org</u> **Website:** https://sanfernandovalley.salvationarmy.org/

Hours: Admin.: M - F; 9 am - 4 pm (closed for lunch 12-1 pm)

Food distribution: M - F; 9 am -12 pm and Fridays from 1pm to 4pm. For

pick up 1 800 958-7825

Overview: This agency provides emergency food, fresh produce, holiday assistance,

music and art programs, and seasonal programs for residents of San Fernando Valley zip codes 91401, 91402, 91403, 91405, 91406, 91411,

91423 and 91436.

Name: Saint Ferdinand Outreach Center

Address: 1040 Coronel Street; San Fernando, CA 91340

Phone: 818-365-3194 **Fax/Email:** 818-365-0067

Website http://stferdinandchurch.org/ministries/outreach-center

Hours: Food distribution on the 2nd & 4th Friday of the month by 8 am. Bring your

own bags/basket.

Overview: Services available for the San Fernando community. It includes

emergency food and fresh produce. Proof of address is required.

Individuals seeking food distribution must arrive early.

Name: Sova Community Food & Resource Program - Valley

Address: 16439 Vanowen St.; Van Nuys, CA 91406

Phone: 818-988-7682

Fax/Email: communications@jfsla.org

Website: https://www.jfsla.org/page.aspx?pid=300

Hours: Every other Sun 9 am - 12 pm; M- Thu 10 am - 1: 30 pm

Overview: New clients please arrive by the time the pantry first opens in the morning

in order to register and receive the complete program orientation. We request official photo identification of first-time participants as well as identification for all additional dependent family members showing that all are living at the same address. Clients may visit the SOVA pantry once in each calendar month and receive groceries for all eligible dependent family members. Grocery orders are sized according to the number of family members. If you are homeless or do not have refrigeration and/or cooking facilities, you may visit twice each month. Please inform us of special dietary requirements so that your order can be packed

appropriately (example: no meat, no pork, low salt, low sugar, Kosher,

etc.).

Name: St. Charles Borromeo Service Center

Address: 10834 Moorpark St.; North Hollywood, CA 91604

Phone: 818-985-7365

Fax/Email: n/a

Website: http://www.scbnh.com/center.htm

Hours: Food pantry: Tue – Th.; Sat 9 am 11:45 pm & Sun 9 am -1 pm

Hot showers & Haircuts: Th. 8:30 – 11:30 am &

Hot Breakfast: Thu 9 am – 11 am

Overview: The Center provides free food, clothing, toiletries, books, toys, furniture,

and other household items. Pregnant women are provided layettes and other available infant care items. Clients must provide identification for themselves and their children and proof of address within the service area of Laurel Canyon on the west, Oxnard Boulevard on the north, Hollywood Way on the east, and Mulholland Drive on the south. This area includes

many pockets of low-income housing and parks with homeless

populations.

Name: St. Didacus Church Parish –Food Ministry

Address: 14337 Astoria St.; Sylmar, CA 91342

Phone: 818-367-6181

Website: https://www.stdidacus.org/97

Hours: 2nd and 4th Friday of the Month from 9:30 am - 10:30 am.

Overview: Office closed due to Covid-19. Leave message.

We serve families and single individuals living in the Northeast San Fernando Valley, regardless of religion, immigration or economic status. Our clients also include senior citizens on a limited income and the homeless. We currently

assist over 100 families twice a month.

Name: Tujunga United Methodist Church – Food Pantry Address: 9901 Tujunga Canyon Blvd. Tujunga, CA 91402

Phone: 818-352-1481

Fax/Email: tumcoffice@gmail.com
Website: https://www.tumc.net/services

Hours: Admin. – Currently closed due to Covid-19

Pantry opened for Drive Up and Walk Up Services

Wednesdays from 11:00 am to 1:00 pm. Must wear a mask.

Overview: We provide emergency (2-3 days) food to low-income individuals and

families. We provide bread, canned goods, protein and other foods. Our selection varies depending on our donations received. If you do not have the means to cook, your food please let us know and we can accommodate you. If this is your first time coming, we ask that you bring identification for the person picking up for your household and those in the household as well. Once you have received your number, we have coffee, tea and pastries for you while you wait. You may receive food from us every two

weeks.

Name: West Valley Food Pantry

Address: 5700 Rudnik Ave.; Woodland Hills, CA 91367

Phone: 818-346-5554

Fax/Email: 818-346-3349 Email: admin@westvalleyfoodpantry.org

Website: https://www.westvalleyfoodpantry.org/

Hours M - Th.; 9:30 am - 2:00 pm; & Fridays 9:30 am 12 pm

Drive Up Only. Must wear a mask.

Overview: This agency provides emergency food, personal hygiene items and volunteer

opportunities for people who live in the West San Fernando Valley. Services are provided. Service is restricted to residents of zip codes 90290, 91301,

91302, 91303, 91304, 91306, 91307, 91311, 91324, 91335, 91356, 91364,91367 and 91371. Must bring ID and current mailing address

(exception for homeless)

Back_to_Table_of_Contents

Clothing

Name: Operation School Bell (OSB) K-5
Address: 826 Cole Avenue; Los Angeles, CA 90038

Phone: 323-469-6017

Email:kielfitzgerald@yahoo.comWebsite:www.operationschoolbell.org.

Hours: By appointment only

Overview: During COVID 19 crisis only 1 person is allowed to pick up clothing-

appointment required. Operation School Bell ("OSB") a service of the Assistance League® of Los Angeles provides with new school clothes and supplies to elementary-age school children in LA Unified School District (LAUSD). School Personnel must sign up for appointment and bring students

to the Cole Site for service. Parents are not allowed in the facility.

Name: Volunteer League of the San Fernando Valley - Clothes Corner

Address: 14603 Hamlin Street

Van Nuys, CA 91411

Phone: 818-785-4134 (Main)

Website: http://www.volunteerleague.com

Hours: Tuesdays, Wednesdays and Thursdays starting at 9:45 am. Must make

appointment

Overview: The agency provides school uniform clothing, backpacks, and hygiene kits to

homeless and needy children attending elementary and middle schools within the Los Angeles Unified School District. Clothing for adults is available as donations permit. Appointments are necessary, **must be referred by school**

staff. Scan referral forms to: centreclothescorner@gmail.com

Name: Tujunga United Methodist Church – Clothes Closet

Address: 9901 Tujunga Canyon Blvd. Tujunga, CA 91402

Phone: 818-352-1481

Fax/Email: tumcoffice@gmail.com
Website: https://www.tumc.net/services

Hours: Fri $11 \text{ am} - 12:30 \text{ pm} \& 2^{\text{nd}}/4^{\text{th}}$ Saturday of the month 10 am - 11:30 am **Overview:** Due to Covid-19 restrictions, the Clothes Closet is closed until further

notice.

Our clothes closet provides clothing for people of all ages. We receive all different kinds of clothing as donations. Service provided on a first come first serve basis. Once your number is called you may browse our

selection.

Name: Lutheran Social Services of Southern California - San Fernando

Valley

Address: 7400 Tujunga Ave.; North Hollywood, Ca 91605

Phone: 818-901-9480

Fax/Email: 818-901-9482 Email: sfvinfo@LSSSC.org

Website: https://www.lsssc.org/what-we-do/emergency-services/ Hours: Office: $M - Th \ 10:30 \ am - 1:30 pm$, Fri 9 am $- 12 \ pm$

Overview: Due to Covid-19 restrictions, The Clothing Closet is closed until further

notice.

Providing services to families in need in the San Fernando Valley. Families can access the clothing closet. Please bring a form of

Identification.

Laundry Services

Name: Laundry Love

Address: Site locations: Check the website for specific locations in the area

Website: https://laundrylove.org/

Hours: Site Hours: Check the website for specific locations in the area

https://laundrylove.org/locations/

Overview: (Due to Covid-19 Pandemic, the Laundry Love map may not be updated with

correct dates and times. Please contact the Laundry Love location facilitator to

confirm.)

Laundry Love partners with local Laundromats in cleaning clothes and linens of low-income or no-income families and individuals (experiencing homeless or not). During select days and times, laundry is free. Just bring your clothes. Quarters, soap, and dryer sheets are provided. There are no income requirements, everyone is welcome.

Back_to_Table_of_Contents

Homeless Prevention & Tenant Rights Programs

Services available for all local districts.

Bet Tzedek Name:

3250 Wilshire Blvd. 13th Floor Address:

Los Angeles, Ca 90010

Phone: 323-939-0506

818-769-0136 (Valley)

Website: www.bettzedek.org

Overview: Bet Tzedek is taking steps to protect the safety of their staff and clients given the

> current COVID-19 pandemic. If you need help with a legal issue or case, please do not visit their office; instead, call the intake line at 323-939-0506 or email

intake@bettzedek.org

Provides **FREE**, expert legal advice and representation to low-income residents of Los Angeles County. Legal Service Priorities include; Elder Law, Housing, Holocaust Survivors' Services, Community Outreach, Government Benefits and

Guardianships and Conservatorships rights.

Name: **Eviction Defense Network** Address: 1930 Wilshire Blvd. #208

Los Angeles, Ca 90057

Phone: 213-385-8112 Website: www.edn.la/

Hours: Monday through Friday 9am to 12pm

Provides FREE consultations* on a first-come, first-served walk-in basis. **Overview:**

> We recommend arriving as early as possible to ensure that you are seen on the same day you visit us. Please note that we do not make appointments for firsttime clients who are seeking free consultations and we cannot provide legal advice over the phone or at the front desk. We ask for your cooperation when

you visit us as you can expect to wait.

Name: Fair Housing Council - San Fernando Valley

14621 Titus St. Suite #100 Address:

Panorama City, Ca 91402

Phone: 818-373-1185

Website: www.fhcsfv.com/home.html

By appointment only, M - F 8:30 am - 5 pm. Hours:

Overview: Investigates housing/lending discrimination, fair housing education and outreach,

tenant and landlord counseling, policy advocacy, and foreclosure prevention.

*By appointment only

Name: Housing Rights Center

800-477-5977 Landlord-Tenant Hotline

Address: Van Nuys Office

6320 Van Nuys Blvd. Suite 311

Van Nuys, CA 91401 Phone: 213-387-8400

Website: www.hrc-la.org
Hours: Site's hours varies

Overview: In light of the Covid-19 Pandemic, HRC is not accepting walk-ins to their

physical offices. However, they are still serving the public remotely.

The mission of Housing Rights Center; is to actively, support and promote fair housing through education, advocacy and litigation. To the end that all persons have the opportunity to secure the housing they desire and can afford, without discrimination based on their race, color, religion, gender, sexual orientation, gender identity, gender expression, national origin, familial status, marital status, disability, genetic information, ancestry, age, source of income or other characteristics protected by law. Services available: fair housing education and outreach, housing discrimination complaint investigation, landlord-tenant

counseling.

Name: Neighborhood Legal Services of Los Angeles County

Address: 13327 Van Nuys Blvd.

Pacoima, CA 91331

Phone: 800-433-6251 & 818-834-7591 Health Help Line 800 896-3202

Website: www.nls-la.org

Hours: M - F: 9 am - 5 pm

Overview: Due to Covid-19 restrictions, their program offices will be open for business but

closed to the public. If you or someone you know is in need of legal help, please call the General Help Line 800 433-6251 and our Health Help Line 800 896-3202 call the following numbers from Monday through Friday between 9:00

a.m. and 5:00 p.m.

Housing advocacy, domestic violence services, health services, immigration services, legal services and volunteer opportunities for low-income residents in Los Angeles County who have incomes up to 200% of the federal poverty guidelines. *Geographic restrictions apply for some services.

Name: Public Counsel Law Center

Homeless Prevention/Children's Rights/Immigration/Social Service

Assistance/Referrals

Address: 610 South Ardmore Ave.

Los Angeles, CA 90005

Phone: 213-385-2977 & 800-870-8090

Fax: 213-385-9089

Website: www.publiccounsel.org

Hours: Appointments Only - M - F; 9 am -12 pm & 1:30 pm - 5:15 pm.

Overview: Public Counsel's Homelessness Prevention Law Project (HPLP) serves individuals

that are at high risk of becoming chronically homeless. HPLP providing pro bono representation before administrative agencies to over to homeless individuals and families to secure food, shelter, clothing, and other vital benefits. Services: CARES: Emergency Food and Shelter Advocacy. Social security and medical benefits

advocacy, eviction defense, policy and impact litigation. *Clients seen by

appointment only-no walk-ins.

Web resources

- If you believe you have been discriminated against in any housing or community development program, you may <u>file a complaint</u> with Federal Housing Equal Opportunity: https://www.hud.gov/program_offices/fair_housing_equal_opp/online-complaint
- For information related to a variation on the section 8 housing, Project-Based Voucher Program:

https://www.hud.gov/program_offices/fair_housing_equal_opp/online-complaint

- To learn more about steps that renters can take to protect their security deposit after they've paid it, check out Nolo's article: https://www.nolo.com/legal-encyclopedia/protect-security-deposit-move-in-30231.html
- To learn more about renters' rights and landlords' obligations when it comes to the return of the security deposit: https://www.nolo.com/legal-encyclopedia/chart-cleaning-repairs-landlord-deduct-29017.html
- For information on affordable housing visit the Los Angeles Housing and Community Investment Department: https://hcidla.lacity.org/affordable-housing
- For Information on Retaliatory Eviction https://realestate.findlaw.com/landlord-tenant-law/defenses-to-eviction.html
- For information on the Department of Consumer Affairs-- A Guide to Residential Tenants'
 And Landlords' Rights And Responsibilities
 http://www.lapublichealth.org/eh/docs/housing/brochure/tenright.pdf
- For information on situations that can lead to evictions visit: https://hcidla.lacity.org/Eviction-Situations-and-Behaviors-Renters
- For more information on the legal reasons for eviction: https://hcidla.lacity.org/sites/default/files/documents/legal_reasons_for_eviction_english_0.pdf
- The website for filing a complaint if you are being evicted: https://hcidla.lacity.org/File-a-RSO-Complaint

Back_to_Table_of_Contents

Mental Health Services

Name: School Mental Health Crisis Counseling and Intervention Services

(SMH-CCIS)

Phone: 213-241-3841 M - F; 8 am - 4:30 pm

After hours: 213-625-6631 Los Angeles School Police Department

Website: https://achieve.lausd.net/Page/12129#spn-content

Overview: Crisis Counseling and Intervention Services (CCIS), from the Office of Student

Health & Human Services, School Mental Health, is dedicated to restoring and maintaining a safe and healthy learning environment for the students and staff of the Los Angeles Unified School District (LAUSD). CCIS staff provides crisis response and recovery services in collaboration with School Police, Educational

Service Centers, and community resources.

Name: School Mental Health—North Hills Wellness Center

James Monroe High School

Address: 9119 Haskell Ave.; North Hills, CA 91343

 Phone:
 818-739-5900

 Website:
 smh.lausd.net

 Hours:
 M - F; 8 am - 5 pm

Overview: Due to Covid-19 restrictions, most services are provided remotely

School Mental Health provides prevention, early intervention, and intensive mental health treatment to LAUSD students and families. Clinicians and interns in this program provide individual, family, and group therapy, parenting classes, and classroom-based prevention programs at Clinic and Wellness Centers and their feeder schools. Referrals by school personnel and/or students may self-refer.

Name: The Help Group

Address: 6455 Coldwater Canyon; Valley Glen, CA 91401 **Phone:** 877-994-3588 & 818-267-2753 intakes for the SFV

Fax/Email: 818-779-5295

Website: https://www.thehelpgroup.org/

Hours: M- F; 9 am - 6 pm

Overview: The Help Group provides comprehensive services for children, adolescents and

young adults with special needs related to autism spectrum disorder, learning disabilities, ADHD, developmental delays, abuse and emotional challenges.

Name: Child & Family Guidance Center Address: 9650 Zelzah Ave.; Northridge, CA 91325

Phone: 818-993-9311 & 818-739-5250

Fax/Email: 818-993-8206 email: <u>info@childguidance.org</u>

Website: https://www.childguidance.org/services/

Hours: Office: 8 am - 6 pm

Overview: The CFGC serves children and youth living in the San Fernando and

Antelope Valleys, primarily living in at-risk neighborhoods. Most of our clients are from low income families with children that have significant

emotional problems requiring comprehensive mental health interventions. It is our mission to empower children and families to achieve health and wellbeing through innovative mental health services and community programs.

Name: Hathaway Sycamores

Address: 12450 Van Nuys Blvd., Suite 100; Pacoima, CA 91331 &

12510 Van Nuys Blvd., Suite 201; Pacoima, CA 91331

Phone: 844- 222-2377 Access hotline, 818- 896-8366 and 818-896-2255

Fax/Email: Email: referral@hscfs.org

Website: https://www.hathaway-sycamores.org/

Hours: M - F; 8 am -6 pm

Overview: Hathaway-Sycamores Child and Family Services provides comprehensive

continuum of mental health services to children and families including: residential-treatment center for youth ages 6 through 18; school-based and outpatient-mental-health services; wraparound and in-home counseling services; transitional-living program for teens and young adults; family

resource center; and grief and loss center for children.

Name: San Fernando Community Mental Health Center, Inc. 16360 Roscoe Blvd. 2nd Floor; Van Nuys, CA 91406 844-256-0735 anti-school bullying advocacy line

Phone: Office: 818-901-4830 | Children's intake service line: (818) 574-7745

Fax/Email: 818-373-4830 | Email: info@sfvchc.org

Website: https://www.movinglivesforward.org/programs-services/

Hours: office: 8 am - 5 pm

Overview: San Fernando Valley Community is dedicated in improving individuals and

families well-being in the San Fernando Valley. We offer a wide array of mental health services; including anti-school-bullying advocacy services, and

adult full service partnerships.

Name: Tarzana Treatment Center

Address: 7101 Baird Ave.; Reseda, CA 91335 Hotline 24/7: 888-777-8565 for drug/alcohol intakes

Phone: 818-342-5897 **Fax/Email:** 818-345-6256

Website: https://www.tarzanatc.org/services/

Hours: Open daily 24 hours

Overview: Patients receive a comprehensive assessment followed by a customized

intensive treatment plan that centers on crisis stabilization, alcohol or drug detox, short-term therapeutic interventions, specific recovery goals and discharge planning for the next level of care. Family Medical Care is

integrated into this spectrum of services.

Name: Valley Coordinated Children's Services – DMH Address: 19231 Victory Blvd. Ste. 110; Reseda, CA 91335

Helpline 24/7: 800-854-771 (ACCESS Center)

Phone: 818-708-4500

Fax/Email: n/a

Website https://locator.lacounty.gov/dmh/Location/3181132/valley-coordinated-childrens-

services

Hours: M - F 8 am - 5 pm

Overview: Provides intensive psychiatric evaluation and medication support, crisis

intervention, short-term stabilization, telephone triage, psychiatric

hospitalization, and intensive case management for ages 1-17. Appointments

preferred & walk-ins welcome.

Domestic Violence Services

Name: San Fernando Victim Services

Address: 900 Third Street, 3rd Floor; San Fernando, CA 91340

Phone: 818-898-2406 | 818-898-2511

Fax/Email: info@da.lacounty.gov
http://da.co.la.ca.us/victims

Hours: 8 am - 4:30 pm

Overview: Representatives from the Los Angeles County District Attorney's Bureau of

Victim Services provides assistance to victims of crime. These include crisis intervention; emergency assistance; counseling referrals; court escort and orientation; restitution assistance; returning of property; assistance with

employers; and case status notification.

Name: Center for the Pacific Asian Family, Inc. –SFV Satellite Office.

Address: 6851 Lennox Ave.; Ste. 400; Van Nuys, CA 91405

Phone: 800-339-3940 (24 Hrs. | 7 Days a week)

Email: <u>Info@pacsla.org</u>

Website: www.nurturingchange.org
Hours: office M - F; 9 am - 6 pm

Overview: At Center for the Pacific Asian Family (CPAF), we help Asian and Pacific

Islander (API) survivors of domestic violence and sexual assault and their families. Our services are free, confidential, and available in more than 30 Asian and Pacific Islander languages. The domestic violence hotline provides telephone crisis intervention for bettered women and performs intervention.

telephone crisis intervention for battered women and performs intake screening for the agency's shelter. The hotline also provides information, counseling, and support. Referrals are made for medical and legal services and other related services. The program also provides crime victim support in

obtaining TRO's for battered women.

Name: Jewish Family Service of Los Angeles-Family Violence Project

Address: 12817 Victory Blvd.; North Hollywood, Ca 91606

Hotline 24/7: 323-681-2626 & 818-505-0900

Fax/Email: 818-789-7581

Website: https://www.jfsla.org/hope

Hours: 24/7 Crisis Line

Overview: The project provides domestic violence services, shelter and welfare-to-

work support services for victims of domestic violence. Services include shelter for battered women and their children. There are no geographic

restrictions. Services available in English and Spanish.

Name: Angel Step Inn Domestic Violence Emergency Shelter P.O. BOX 33306; Los Angeles, CA 90033(mailing address)

Phone: 323-780-HELP (4357)

Website: www.angelstepinn.org
Hours: 7 days / 24 hours per day.

Overview: 24-Hour Hotline: Trained staff and volunteers offer immediate crisis

counseling and support to victims of domestic abuse. Hotline services are available in both English and Spanish. Emergency short-term shelter and assistance locating long-term shelter for victims fleeing from intimate partner violence. Counseling: Individual counseling services are available to residents of the emergency shelter. Case Management: Angel Step Inn staff assists survivors with filing restraining orders, applying for financial assistance and WIC, and referrals to second step services for residents that remain or the 30-

days, and other services as needed.

Name: 1736 Family Crisis Center

Address: 2116 Arlington Ave., Ste. 200; Los Angeles, CA 90018 (mailing address)

Phone: Hotline: 213-745-6434 / 213-222-1237 (24 Hrs. | 7 Days a week)

Website: www.1736familycrisiscenter.org

Hours: Office: M.- F; 9 am 5 pm. Intake Phone: 323-737-3900

Overview: We have four domestic violence shelters located throughout the greater Los

Angeles area (locations are confidential to protect participants and staff). These are open to domestic violence victims with or without their children. The innovative structure of this program provides emergency shelter and up to two years of transitional shelter, free of charge, all under the same roof. This model provides stability and encourages a faster recovery toward self-sufficiency. It is excellent for the families, as it gives them a stable safe environment and school-

age children can continue in the same school for several years.

Name: YWCA Battered Women's Shelter – Sunrise Village

Address: 735 E Lexington Drive; Glendale, CA 901206

Phone: hotline: 888-999-7511 (24 Hrs. | 7 Days a week) Phone: 818-242-4155

Website: <u>www.glendaleywca.org</u> **Hours:** office M –F; 9 am - 5 pm

Overview: Sunrise Village Emergency Shelter provides a temporary community living

environment for women and their children whose safety is in immediate risk. Services offered include case management, crisis intervention and counseling services. Domestic Violence Services Center offers case management, legal assistance, counseling, resources, referrals and childcare to survivors and their children. All services provided at no cost to the client and are available in

English, Spanish and Armenian.

Name: Haven Hills, Inc.

Address: Canoga Park, CA 91305

Helpline 24/7: 818-887-6589 **Fax/Email:** 818 887-7481

Hours: 24/7

Website: https://havenhills.org/en/

Overview: Haven Hills provides safety, shelter, and support to all survivors of

domestic violence while working to break the cycle of abuse. We save lives, inspire change, and transform victims to empowered survivors.

Name: Safe Passage -- Time2Heal

Address: PO Box 40034; Studio City, 91614

Helpline 24/7: 800-799-SAFE (7233)

Office: 818-232-7476

Fax/Email" contact@time2heal.org
Hours: office 10 am - 5 pm
Website: https://safepassageheals.org/

Our mission is to break the cycle of domestic abuse by healing and empowering women and their children, enabling them to live new, safe and productive lives. Stepping Stones to a New Life" program provides: counseling, health assessment, nutrition classes, physical/dental checkups, reconstructive facial Surgeries, self-defense, job

training/search, transportation expenses provided, financial and public speaking workshops, children counseling, mentors, make-up, skin care workshops, housing assistance including provision of house furniture,

supplies and moving expenses.

Medical/Dental/Vison Services

Name: El Proyecto Del Barrio

Phone: 818-830-7033

Locations:

ARLETA Family Health Clinic

Address: 8902 Woodman Ave.; Arleta, CA 91331 **Hours:** M – F; 7:30 am -7 pm & Sat 8 am – 5 pm

ARLETA –**Dental**

Address: 8902 Woodman Ave.; Arleta, CA 91331

Phone: 818-221-4600 **Hours:** M – F; 8 am - 5 pm

PANORAMA CITY- Esperanza Clinic

Address: 9140 Van Nuys Blvd. Suite 202-207; Panorama City, CA 91402

Phone: 818-830-7181 & 818-892-8630

Hours: $M - F = 8 \text{ am} - 5 \text{ pm} & 2^{\text{nd}} \text{ Saturday of the month } 8 \text{ am} - 4 \text{ pm}$

Mark Taper Center. For a Healthy Community--Winnetka

Address: 20800 Sherman Way; Winnetka, CA 91306

Phone: 818-883-2273

Hours: M - F 7 am - 5 pm & Saturdays 8 am - 5 pm

Mark Taper Center. For a Healthy Community—Winnetka-Dental

Address: 20800 Sherman Way: Winnetka, CA 91306

Phone: 818-710-5229

Hours: M - F; 8 am - 5 pm **Website:** http://www.elproyecto.us/

Overview: Due to Covid-19 restrictions, most services are provided remotely

(TeleHealth)

Family Health Clinics offer basic and specialized medical and dental

services.

Name: Valley Community Clinic- North Hollywood Center

Address: 6801 Coldwater Canyon Ave.; North Hollywood, CA 91605

Phone: 818-763-8836

Fax/Email: n/a

Website: https://www.valleycommunityhealthcare.org/clinical-programs.

Hours: General Medicine:

M/W/F - 8 am - 5 pm

Tu & Th - 8 am - 9 pm & Sat 8 am - 12 pm

Overview:

Los Angeles Unified School District | Student Health and Human Services

Woman Health: M - F - 8 am - 5 pm.

Dental: M - F : 8 am -4 & Sat: 8:30 am -12 pm *Tue open until 5:30 pm

Optometry: M - F - 8 am - 5 pm & Sat: 8 am - 2 pm. Due to Covid-19, most services are provided remotely

The mission of Valley Community Clinic is to enhance the well-being of the community by providing high quality, culturally sensitive primary medical care and related healthcare services to those in need, regardless of their ability to pay. VCC provides a comprehensive array of services that includes primary and some specialty care, dental, optometry, pediatrics, prenatal care, women's health, counseling and health education with an emphasis on prevention

Name: Northeast Valley Health Corporation – a California Health + Ctr.

Phone: 818-270-9777: San Fernando Valley Appointments

Locations:

CANOGA PARK HEALTH CENTER

Address: 87107 Remmet Ave.; Canoga Park, CA 91303

Hours: M - F; 8 am -5 pm **Phone:** 818-340-3570

PACOIMA HEALTH CTR.

Address: 12756 Van Nuys Blvd.; Pacoima, CA 91331

Phone: 818-896-0531

Hours: M, Th, F & Sat: 8 am - 5 pm Tue & Wed 8 am - 9 pm

PACOIMA WOMEN'S HEALTH CTR.

Address: 12759 Van Nuys Blvd.; Pacoima, CA 91331

Phone: 818-485-8250

Hours: M - F = 8 am - 5 pm Closed for lunch 12 pm - 1 pm

SAN FERNANDO HEALTH CTR.

Address: 1600 San Fernando Rd.; San Fernando, CA 91340

Phone: 818-356-8086

Hours: M - Sat 8 am - 9 pm

SUN VALLEY HEALTH CTR.

Address: 7223 N. Fair Ave.; Sun Valley, CA 91352

Phone: 818-432-4400

Hours: M, T, Th, F, Sat -8 am - 5 pm & Wed 8 am - 9 pm

VAN NUYS PEDIATRIC HEALTH CTR.

Address: 7138 Van Nuys Blvd.; Van Nuys, CA 91405

Phone: 818-778-6240

Hours M - F - 8 am 5 pm

TRANSITIONS TO WELLNESS (healthcare for the homeless)

Address: 6551 Van Nuys Blvd., 2nd Fl.; Van Nuys, CA 91401

Phone: 818-765-8656

Hours: M, T, F - 8 am - 12:30 pm & 1:30 pm - 5 pm

Wed 11 am - 3:30 pm & 4:30 pm - 8 pm Thu 9 am - 12:30 pm & 1:30 pm -5 pm

VAN NUYS ADULT HEALTH CTR. (HIV Care)-

Address: 14624 Sherman Way, Suite 600 (6th Floor), Van Nuys, CA 91405

Phone: 818-988-6335

Hours: M, Th & Sat -8 am -5 pm

Tue, Wed -8 am - 9 pm

Fri - 9 am - 5 pm

TEEN HEALTH CTR. SAN FERNANDO HIGH SCHOOL

Address: 11051 North O'Melveny Avenue, San Fernando, CA 91340

Phone: 818-365-7517

Hours: M- F - 7:30 am - 4 pm

Website: https://nevhc.org/programs-services/health-centers/

Overview: Due to Covid-19, most services are provided remotely

The mission of Northeast Valley Health Corporation is to provide quality, safe and comprehensive primary health care to medically underserved residents of Los Angeles County, particularly in the San Fernando and Santa Clarita valleys, in a manner that is sensitive to the economic, social, cultural and linguistic needs of the community.

LAUSD - School Based Clinics

School Based Clinics provide medical services to eligible students and their siblings ages 1-18 and Special Education Students thru age 22. Services offered include: immunizations, physical exams (routine and sports), primary care ill visits, reproductive health care available at some locations.

Due to Covid-19 restrictions, these school-based clinics are closed. Families are encouraged to call the District's hotline for further assistance.

| CLINIC NAME | ADDRESS | CLINIC | SERVICES | PHONE / FAX |
|------------------------|---------------------|---------------|-------------------|--------------|
| Telfair Student & | 10911 Telfair | Mon - Fri | Immunizations, | Information: |
| Family Wellness | Avenue | 8 am -3 pm | physical exams | 213-202-7590 |
| Center | Pacoima, CA 91331 | 1 | (routine/sports), | |
| Medical & Vision | | | primary care ill | |
| services available | | | visits and vision | |
| | | | exams. | |
| SEPA | 1339 Angelina St. | Facility Hrs: | Mon– Fri | Office: |
| (School Enrollment | Los Angeles, CA | 8 am- 4:30 pm | walk-in for | 213-482-3954 |
| Placement & | 90026 | Clinic Hrs. | Immunizations | Clinic: |
| Assessment Center) | | 8 am – 3 pm | until 2:00 PM | 213-482-1301 |
| | | | Physicals by | Fax: |
| | | | appointment only | 213-481-2097 |
| Columbus Middle | 7739 Farralone Ave. | Mon - Fri | Immunizations, | Phone: |
| School Clinic | Canoga Park, CA | 8 am -3 pm | physical exams | 818-702-1270 |
| | 91304 | | (routine/sports), | Fax: |
| | | | primary care ill | 818-702-1253 |
| | | | visits | |
| Kennedy High | 11254 Gothic Ave., | Mon - Fri | Immunizations, | Phone: |
| School Clinic | Granada Hills, CA | 8 am -3 pm | physical exams | 818-271-2547 |
| | 91344 | | (routine/sports), | Fax: |
| | | | primary care ill | 818-271-2563 |
| | | | Teen clinic | |
| | | | services. | |
| Wellness & | 6505 Zelzah Ave., | Mon - Fri | Mon– Fri | Phone: |
| Immunization | Reseda, CA 91335 | 8 am -3 pm | walk-in for | 818-654-1652 |
| Clinic Zelzah Site | | | Immunizations | Fax: |
| | | | until 2:00 PM | 818-758-9961 |
| | | | Physicals by | |
| | | | appointment only | |

| Lawrence Middle | 10100 Variel Ave., | Wed & Fri | Immunizations, | Phone: |
|-----------------|--------------------|-------------|-------------------|--------------|
| School Clinic | Chatsworth, CA | 8 am – 3 pm | physical exams | 818-678-7965 |
| | 91311 | _ | (routine/sports), | Fax: |
| | | | primary care ill | 818-678-7967 |
| | | | visits. | |

Name: North Hills Wellness Center – Monroe High School - OPEN

Address: 9119 Haskell Ave.; North Hills, CA 91343

Phone: 818-763-8836

Website: https://thelatrust.org/wellness-network-landing-page/access-our-

wellness-centers/james-monroe-high-school/

Hours: M/W; 8:30 am - 8 pm

Tu / Th / F - 8:30 am - 6 pm

Sat - 8:30 am -3 pm

Teen Clinic Services: M/Tu/Th 1:30 pm-4:30pm & W 8 am - 2 pm

Overview: Facilitate access to basic health, mental health, and wellness

services for students and families. And, to improve student health and readiness to learn, The Los Angeles Trust for Children's Health provides increased access to care, better school health policies, and quality, holistic health programs for the Los Angeles Unified

School District.

Vision

Name: **Lens Crafters- Gift of Sight Program** Check website for specific locations/hours Address:

888-935-4589 Phone:

Fax/Email: Email: info@onesight.org https://onesight.org/ Website:

Hours: Check website for specific locations/hours

Overview: LensCrafters associates and Independent doctors give their time at

OneSight **Vision** Clinics, providing **free eye exams** and prescription glasses

to people in need here and abroad.

Name: Telfair Student & Family Wellness Center - CLOSED

10911 Telfair Avenue: Pacoima, CA 91331 Address:

213-202-7590 – information Phone:

Fax/Email:

Website: https://achieve.lausd.net/Page/11905#spn-content

Hours: Mon – Fri.; 8 am -3 pm (Currently closed due to Covid-19)

Overview:

This Wellness Center provides FREE eye exam and glasses to LAUSD Students. And their siblings ages 1-18 (Special Educatoin Students thru age

22). Please call for appointment.

Back_to_Table_of_Contents

Social Services

Name: Department of Public Social Services (DPSS)

Phone: 866-613-3777 and 323-260-3718 - Customer Service /Single Point of Contact

Website: $\frac{\text{www.dpss.lacounty.gov}}{\text{M - F}; 8 \text{ am to 5 pm}}$

Overview: Temporary financial assistance and employment services for families and

individuals. Free and low-cost CalWorks, Cash Assistance program for immigrants, electronic benefit transfer, general relief. Referrals to child care,

homeless services and veterans & military resources

Locations:

East Valley - 11

Address: 7555 Van Nuys, CA 91405

Phone: 818-701-8200

Site Hours: M - F; 8 am - 5 pm

Overview: Programs Offered: CalFresh, General Relief, Medi-Cal

San Fernando Sub Office -32

Address: 9188 Glenoaks Blvd.; Sun Valley, CA 91352

Phone: 818-701-8200

Site Hours: M - F; 8 am - 5 pm

Overview: Programs Offered: CalFresh, General Relief, Medi-Cal, GROW

West Valley - 82

Address: 21415 -21615 Plummer St.; Chatsworth, CA 91311

Phone: 818-701-8200

Site Hours: M - F; 8 am - 5 pm

Overview: Programs Offered: CalFresh, General Relief, Medi-Cal, Refugee assistance,

Name: Department of Children and Family Services (DCFS)

Phone: 800-540-4000 – Child Protection Hotline 24/7

TDD: 800-272-6699 (hearing impaired line)

Website: https://dcfs.lacounty.gov/

Hours: Office 8 am -6 pm

Overview: The Los Angeles County Department of Children and Family Services promotes

child safety and well-being by partnering with communities to strengthen

families, keeping children at home whenever possible, and connecting them with

stable, loving homes in times of need.

Name: Women, Infants and Children (WIC Program)

Address: Check website for specific locations

Phone: 888-WIC-WORKS (888-942-9675) Call to locate nearest WIC site

Website: https://www.fns.usda.gov/wic

Hours: Hours varies by location – check website for specific location

Overview: WIC was established in 1974 as a permanent program to safeguard the health of

women, infants and children up to age 5 who are at nutritional risk. By providing nutritious foods to supplement diets, nutrition education, including breastfeeding

promotion and support, and referrals to health and other social services.

Family Source Centers

FamilySource Partnership Program Centers are equipped with Pupil Services and Attendance (PSA) Counselors are co-located at 13 FamilySource Centers (FSC) throughout the City of Los Angeles that primarily serve families with children ages 5-17. The FamilySource Partnership Program (FSPP) focuses on engaging parents and students with resources to improve academic achievement and to lift families out of poverty. PSA Counselors conduct educational assessments and serve students and families through outreach, advocacy and referrals to programs and services. The FamilySource Partnership Program aims to increase attendance, improve academic achievement and support the goal of graduation for all students.

| FamilySource Center | Address: | Telephone/Fax | Pupil Services & Attendance (PSA) Counselor | LAU High Sc | |
|------------------------|------------------|---------------|--|-----------------|----------------|
| New Economics | 21400 Saticoy | Phone: | Karen Alvarado | Cleveland HS | Reseda HS |
| for Women | Street | 818-887-3872- | kla9206@lausd. | Canoga Park HS | Chatsworth HS |
| | Canoga Park, | Fax: | net | Taft CHS | El Camino |
| | CA 91304 | 818 564-4612- | | | Real CHS |
| El Nido Family | 11243 Glenoaks | Phone: | Cindy Leyva | San Fernando HS | Cesar Chavez |
| Center | Blvd. Suite 2 | 818-896-7776 | csl2648@lausd. | Arleta HS | LA |
| | Pacoima, CA | Fax: | net | Sun Valley HS | Sylmar HS |
| | 91331 | 818-896-3667 | | Verdugo HS | Granada Hills |
| | | | | | CHS |
| | | | | | JFK HS |
| New Economics | 6946 Van Nuys | Phone: | Sylvia Elias | Monroe HS | East Valley HS |
| for Women | Blvd., Suite 220 | 818-786-4098 | ets4924@lausd. | Grant HS | Polytechnic SH |
| | Van Nuys, CA | Fax: | net | Panorama HS | North |
| | 91405 | 818-786-4196 | | Van Nuys HS | Hollywood HS |

Youth Source Centers

Pupil Services and Attendance (PSA) Counselors are co-located at 14 YouthSource Centers and 3 America's Job Centers that primarily serve youth ages 16-24 with a focus on engaging out-of-school youth with school and/or work, improving student retention and bolstering academic proficiency. Students receive an academic assessment by the PSA Counselor and assistance with educational options, referrals, and resources to appropriate programs and services. PSA Counselors at the YouthSource/AJCC Centers, also serve as the main provider for the Truancy Diversion Program, deterrent alternative for students in violation of the daytime curfew law.

| YouthSource- City of LA | PSA Counselor | Neighboring Schools | |
|-------------------------|--------------------------|---------------------|----------------|
| El Proyecto del Barrio | Gabriela Morales | Cesar Chavez | Century LC |
| 11844 Glenoaks Blvd. | 747-877-3030 | Learning Academy | Monroe HS |
| San Fernando, CA 91340 | gxm9388@lausd.net | San Fernando HS | Sylmar HS |
| | | Vaughn Next LC | Kennedy HS |
| El Proyecto del Barrio | Alan Woskanian | Arleta HS | Polytechnic HS |
| 9030 Laurel Canyon | (818) 771-0184 | Grant HS | Fulton College |
| Blvd. | alan.woskanian@lausd.net | East Valley HS | Prep |
| Sun Valley, CA 91340 | | No. Hollywood HS | Panorama HS |
| Goodwill Southern | Pamela Gates | Reseda HS | Van Nuys HS |
| California | (818) 782-2520 | Taft HS | Monroe HS |
| 14565 Lanark St. | pgates@lausd.net | Canoga Park HS | Cleveland HS |
| Panorama City, CA | | Chatsworth HS | Panorama HS |
| 91402 | | | |

Los Angeles Reconnection Career Academy Center

(LARCA) CENTERS

The Los Angeles Economic and Workforce Development Department (EWDD) created the Los Angeles Reconnections Career Academy (LARCA) program as a means of addressing the extensive education and employment needs of the city's sizable out of school youth population ages 16 to 24 with education, training and employment services, alongside case management and other supportive services, using a career pathways mode. Funded by Workforce Innovation Fund (WIF) grand from the U.S. Department of Labor.

Interested in accessing services; please call a Career Coach to learn more about referral process.

| LARCA Center | Career Coach Information |
|---|--------------------------------------|
| SAN FERNANDO VALLEY ResCare Workforce Services 21010 Vanowen Street, Canoga Park, CA 91303 | Gloria Torres 818-596-4123 |
| Youth Policy Institute – Permanently Closed 13420 Van Nuys Blvd Suite 221., Pacoima, CA 91331 | Victoria Ahuactzi 818-492-4065 |
| Sun Valley WorkSource Center El Proyecto del Barrio, Inc. 9024 Laurel Canyon Blvd., Sun Valley, CA 91352 | Sal Moncada 818-504-0334 ext. 112 |

Work Source Centers

All WorkSource Center are open, please call for Covid-19 restrictions information.

The Economic & Workforce Development Department (EWDD) has 16 WorkSource Centers located throughout Los Angeles. The WorkSource Centers offer free employment services to adults, dislocated workers, veterans, the homeless and the re-entry population include Services include; job training, telephone and computer access, and literacy skills workshops Employment referrals, customized job matching, placement and listings via CalJOBSSM Resume and interview skills building, Career guidance and program placement assistance Customized training for staff, interview rooms, and information for businesses affected by plant closures or layoffs, customized recruitment to help quickly fill multiple positions Candidate screening and/or testing to assure only qualified workers apply for positions Facilities for conducting both one-on-one and group interviews, On-the-job and pre-employment training to provide workers with the skills necessary for employment. Visit website for more information:

https://ewddlacity.com/index.php/employment-services/adults-age-24-and-older/worksource-centers

| WorkSource Center | Contact Information |
|--|---|
| Canoga Park, South Valley | 818-596-4448 – Phone |
| ResCare Workforce Services | 818-596-4155 - TTY |
| 21010 Vanowen Street | 818-596-4451 - Fax |
| Canoga Park, CA 91303 | https://www.rescare.com/workforceservices/ Web |
| Pacoima, Northeast Valley | 818-492-4065 - Phone |
| Youth Policy Institute | 818-897-9792 - TTY |
| YPI is permanently closed. | 818-596-4451 – Fax |
| 13420 Van Nuys Boulevard, #221 | https://www.ypi.org/program/workforce-innovation- |
| Pacoima CA 91331 | and-opportunity-act/ - Web |
| Co-located at the North Valley | |
| BusinessSource Center | |
| Sun Valley, Southeast Valley | 818-504-0334 - Phone |
| El Proyecto del Bario, Inc. | 818-504-1974 - TTY |
| 9024 Laurel Canyon Boulevard | 818-504-2625 – Fax |
| Sun Valley CA 91352 | http://www.elproyecto.us/ Web |
| Chatsworth, West Valley | 818-701-9800 - Phone |
| Build Rehabilitation Industries | 818-701-9850 - TTY |
| 9207 Eton Avenue | 818-701-9801 - Fax |
| Chatsworth CA 91311 | <u>lfuentes@buildonestop.com</u> - Email |
| | https://buildworksource.com/Web |

Back_to_Table_of_Contents

Websites & Resources

Healthy City is a web-based resource search engine providing a wide range of resources and services such as housing assistance and other basic needs. Results can be arranged by address or intersection, zip code, city, census boundaries, service planning area, L.A. County Health Districts, Political Boundaries, and LAUSD School Attendance Boundaries.

Website: www.healthycity.org

IDONLINE

www.ldonline.org

Overview: -a great resource for families with children with special needs.

Imagine LA 672 S. Lafayette Park Place Suite 28

Los Angeles, CA 90057 Phone: (323) 944-0210 Website: www.imaginela.org

Overview: Provides mentors and support for families who are in the process of moving out of homelessness into permanent housing. They help families gain the tools to maintain housing, attain self-sufficiency and ensure every member of the family thrives.

LA LGBT Youth Advocates

Website: www.lalgbtyac.org

Overview: We are a Coalition of LGBTQ Youth Supportive Organizations in Los Angeles

County.

Los Angeles County website that automatically determines eligibility for a variety of county programs. **Website:** www.lacountyhelps.org

Los Angeles County Housing Authority website that provides information and applications for both Section 8 tenant assistance and Public Housing Rental Assistance programs.

Website: www.lacdc.org

Los Angeles County Info Line provides information and referrals for all types of services

Phone: 211 or 800-339-6993 **Website:** https://www.211la.org/

Los Angeles Department of Mental Health has housing resources/assistance for eligible DMH clients.

Phone: 800-854-7771 (24hr Helpline)

Website: http://dmh.lacounty.gov

Social Serve is a private non-profit website providing free housing search engine for affordable rentals.

Website: www.socialserve.com

The Bin (Los Angeles Personal Property Storage) 507 Towne Avenue Los Angeles, Ca 90013 Phone: 213-629-1050

Overview: FREE storage is provided on a first come first serve basis. New clients are recommended to

arrive at or before 7:30AM.

Table_Of_Contents

Hotlines

211-Infoline of Los Angeles County-Person calling must provide zip code and a Community Resource Advisor will provide referrals to emergency food, shelter, and other needed resources. Dial 211 from any phone.

Information Line

Phone: 800-339-6993 or Call 211 **Website:** www.211ct.org

California Youth Crisis Line

Phone: 800-843-5200

Website: www.youthcrisisline.org

Overview: Toll free, 24hr, confidential hotline available to teens from 12-24 yrs. and/or any adult

supporting a youth.

CDC Health Info Phone: 800-232-4636

Website: www.cdc.gov

Overview: The Department of Disease Control and Prevention provides information about diseases, conditions, healthy living, emergency preparedness and response, injury, violence, safety and much more.

Center for the Pacific Asian Family Services

3424 Wilshire Blvd.

Suite 1000

Los Angeles, 90010 Phone: 800-339-3940

Website: www.nurturingchange.org

Overview: Offers services on domestic violence, sexual assault, prevention and community education and community partnerships in English and many Asian and Pacific Islander languages and dialects.

Child Abuse/DCFS Phone: 800-540-4000

Website: https://dcfs.lacounty.gov/

Overview: The Department of Children and Family Services provides quality child welfare services and

supports children in growing up safe, healthy, educated and with permanent families.

Elder Abuse

Phone: 877-477-3646

A Father's Heart Hotline

Phone: 211

Overview: Provides communication with an adult male role model for fatherless children that seek advice

and encouragement.

Mental Health ACCESS Phone: 800-854-7771

National Domestic Violence Hotline

Phone: 800-799-7233 **Website:** thehotline.org

Parents Without Partners

Phone: 800-637-7974

Website: www.parentswithoutpartners.org

Overview: Offers educational, family and adult social/recreational activities.

Probation Information Center

Phone: 866-931-2222

RAINN (Rape, Abuse, Incest, National Network)

Phone: 800-656 - HOPE (4673)

Website: rainn.org

Sexual Assault and Domestic Violence

Phone: 800-799-SAFE (7233)

Sexual Assault Helpline Phone: 877-995-5247 Website: safehelpline.org

Suicide Prevention and Survivor

Phone: 800-273-8255

Tarzana Treatment Center

Phone: 888-777-8565

Website: www.tarzanatc.org

Overview: Provides high quality, affordable behavioral healthcare and addiction treatment services in Los Angeles County. Services include: alcohol and drug addiction treatment, mental health, medical detox,

rehab for teens/youth and adults and more.

Teen Line

Phone: 310-855-4673 and 800-852-8336

Website: www.teenlineonline.org

Overview: Teen line is supported by teens for teens whether there is a problem of just want to talk to

someone; the line is available through phone and online chatting.

Site Hours: 6pm-10pm (every night)

Transitional Housing for Youth

Phone: (ILP)-213-351-0100 or 213-351-0101

Year Round/Winter Shelter Hotline

Phone: 800-548-6047

DOMESTIC VIOLENCE HOTLINES

Center for the Pacific Asian Family Services 3424 Wilshire Blvd. Suite 100 Los Angeles, Ca. 90010

Phone: 800-339-3940

Website: www.nurturingchange.org

Overview: Offers services on domestic violence, sexual assault, prevention and community education and

community partnerships in English and many Asian and Pacific Islander languages and dialects.

Jenesse Center, Inc. Hotline Phone: 800-479-7328

Los Angeles County Domestic Violence Council

Phone: (800) 978-3600 24 hour hotline

(888) 944-7575 Monday-Thursday, 9am to 6pm

1736 Family Crisis Center – South Bay 21707 Hawthorne Blvd. Suite 300

Torrance, CA 90503

Phone: 310-543-9900 (Service/Intake) and 310-379-3620 (24 hr Hotline) & 310-370-9910 (Domestic

Violence)

24 hour Hotlines: 562-388-7652 213-745-6434 213-222-1237 310-370-5902 310-379-3620

Fax: 310-543-9910

Website: www.1736fcc.org

Overview: The agency provides case management, counseling services, domestic violence services, family support services for low income families, runaway services, emergency and transitional shelter for battered women and their children, shelter for runaway/homeless youth are 10-17 years, and welfare-to-work support services. There are no geographic restrictions. By appointment only.

Site Hours: Mon- Fri, 8am to 5pm

Table Of Contents